

Mood Swing Salad

This is one of my niece Tammy's recipes. She named it it Mood Swing Salad to "represent the dark and light, salty and sweet, light and rich... the Extremes." She has a flair for food artistry, and says, "It is so pretty with the dark purple of the blackberries against the bright chartreuse of the pears."



- Mixed greens
- Fresh pears, sliced
- Blackberries
- Gorgonzola cheese crumbles
- Almond slivers
- Red wine vinaigrette dressing

Combine all ingredients and serve. Enjoy!

Recipe courtesy of Tammy Bahr